

This Sports Exercise Watch is the most convenient way to ensure optimal fitness while working out and easily calculates how many calories you've just lost. The simple-to-use and slim, lightweight design makes it ideal for outdoor jogging, mountain climbing, or even your next trip to the gym. How does it work?

1) **Enter your personal data**. This Sports Exercise Watch is made for you and you alone and readings are much more accurate since they are based off your own weight, age, and gender.

2) **Measure your pulse**. For even more accurate and real-time data readings, this Sports Exercise Watch uses a convenient, built-in ECG fingertip sensor to read your pulse!

3) **Start exercising**. When you're done, this Sports Exercise watch will instantly tell you how many calories you've just lost! Since data is based on your own pulse level and personal data, you can be sure the reading is 100% accurate.

Added to the pulse rate and calorie reader, you will also be getting a time and date display, a stopwatch, and even an alarm clock! This Sports Exercise Watch is truly made for all occasions and uses.

This Sports Exercise Watch is great for your own personal fitness program, and is available for a much lower price than you would ever expect from such a multi-use device. Order one today and we'll express ship it out tomorrow!

At a Glance...

- Sports Exercise Watch with calorie counter
- Highly accurate: uses personal data including pulse level
- Includes stopwatch, alarm and time/day/date/month
- Lightweight, with max-comfort strap
- Useful with any sports activity, from yoga to jogging to step aerobics
- OEM price - best on the market!

Manufacturer Specifications

- Primary Function: Sports Exercise Watch
- Display: LCD
- Time Display: 12H or 24H display (Hour/Min/Sec) and Date (Month/Day)
- Functions:
 - Calorie Counter

Alarm
Stopwatch
Pulse Mode

- Personal information input for accurate calorie burning: Birth date / sex / weight (in lb)
- Dimensions: Watch Face: 25 x 18 mm (L x W x D), Strap length: 215mm
- Manufacturer Ref: TWSIB2S0Y

- **Product Notes**

- Calculated amount of calories lost is based on personal data (age, gender, weight and pulse level)
- Great for any sport and any location: hiking, football, soccer, basketball, karate, etc.
- For most accurate pulse readings, softly press your fingertip against the ECG sensor

Package Contents for CVSB-H46

- Sports Exercise Watch
- User Manual - English

FAQ - Frequently Asked Questions

- **Is this Sports Exercise Watch waterproof?**
It is weatherproof, which means this Exercise Watch is not afraid of a little rain and sweat. Soaking it in water, however, is a bad idea.